



ORTHOTIC INSOLES for the relief of:
Ball of Foot Pain (*Metatarsalgia*)
and Morton's Neuroma

METATARSALGIA

DEVELOPED BY PODIATRISTS



Foot Pain Relief



SUPPORT and CUSHIONING



Walk pain-free with FootActive orthotics!

- developed by Australian podiatrists
- prominent metatarsal raise to support the transverse arch
- excellent ball of foot cushioning
- shock-absorbing heel pad
- longitudinal arch support
- comfortable, soft velours cover
- fits most types of flat or low-heeled footwear, including sandals

Many people suffer from *Metatarsalgia* - a burning pain under the ball of the foot. Others may have "Morton's Neuroma" - a squeezing of the nerves in the forefoot, causing pain and often a tingling sensation.

Both foot conditions are associated with *collapsing of the transverse arch*: the metatarsal bones in the forefeet drop, causing excess pressure on the ball of the foot and entrapment of the nerves.

FootActive orthotics re-align the foot, support the transverse arch and provide forefoot cushioning, in turn helping to relieve pain occurring from Metatarsalgia and Morton's Neuroma.

Fitting and Care

Place the insoles right at the back of your shoes. It may take some time to get used to the orthotics. Please wear FootActive for only a few hours a day, gradually increasing the hours of wear until they feel comfortable. You may clean the insoles with a warm soapy cloth. Do not soak them or put them in the washing machine or dryer.

3/4 length insole for
low-heeled or flat
slip-on shoes and
sandals

